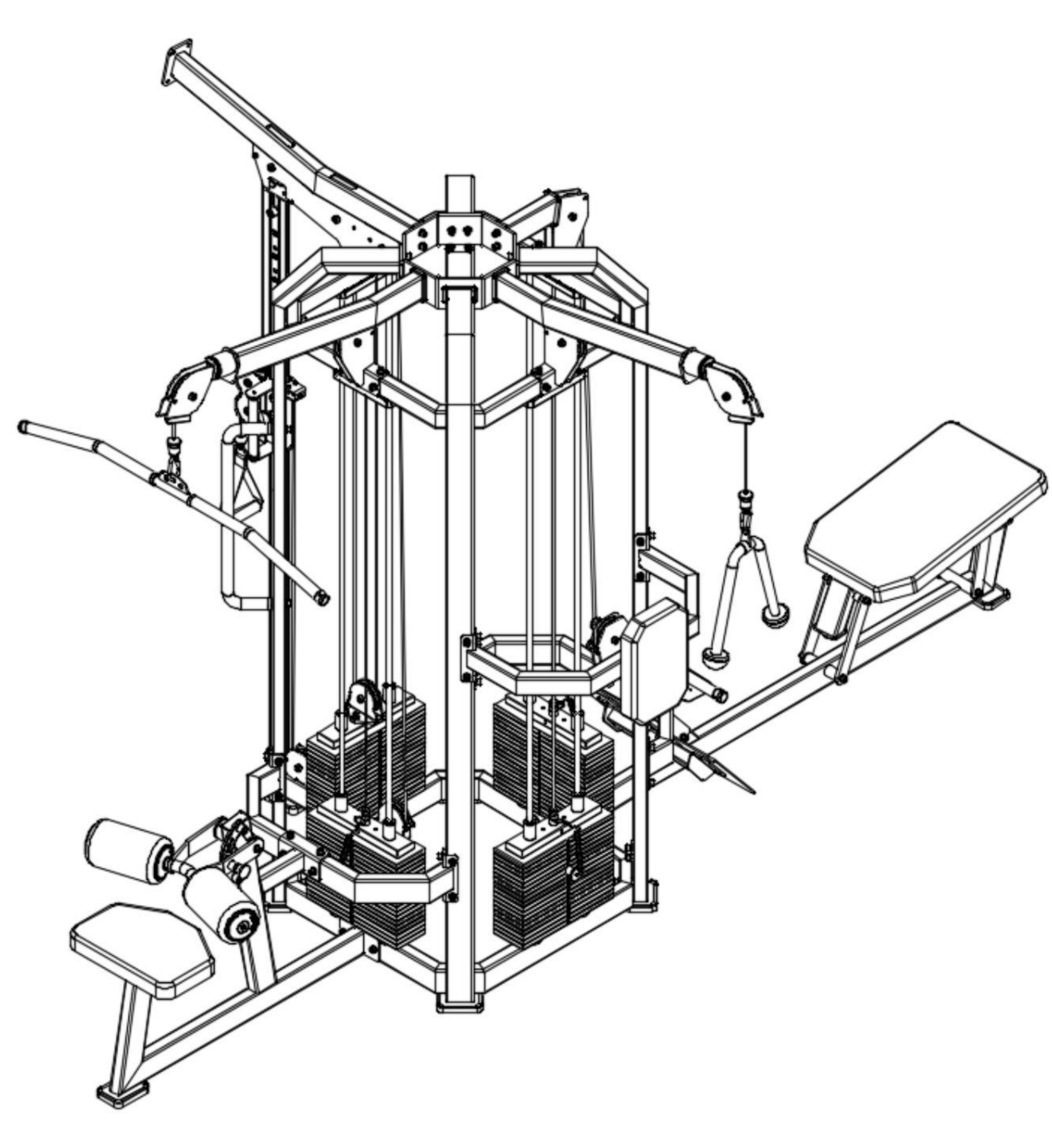
F2001 Installation Guide

4 Station Multi Jungle



Catalog

Introduction ………………………………………… 2
Assemble ………………………………………… 3
Accessories list ………………………………………… Attach

Brief introduction

Please read this instruction carefully before installing. Please refer to the list in the manual to confirm the integrity and quantity of all parts (if any parts are missing or damaged during transportation, please call the company for after-sales instructions immediately). Please follow the relevant instructions to install the equipment correctly during installation.

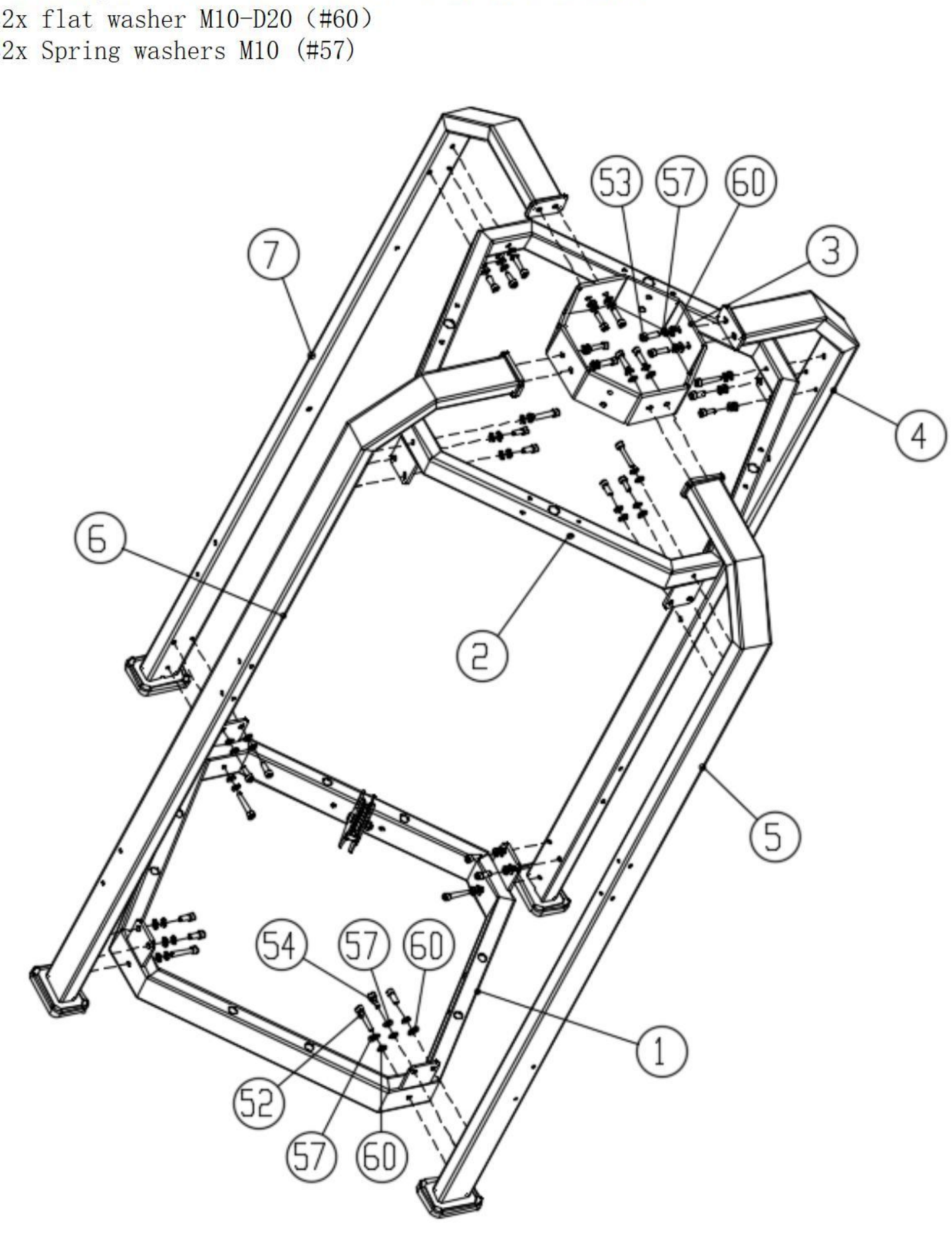
This equipment is designed to provide the smoothest and most effective exercise motion possible. After installation, you need to understand all the functions to use it correctly. If you find any problems during use, you should stop using it immediately to avoid physical injury and equipment damage. And refer to the relevant instructions in time to check the reason, if you can't solve it, please call the company's after-sales service. After reading all instructions carefully, please continue

Tool	Rubber Rod
	Level
	Allen wrench
	Circlip pliers
	adjustable wrench
Note: When assembling, it is recommended that two or more people operate the unit	

Assemble

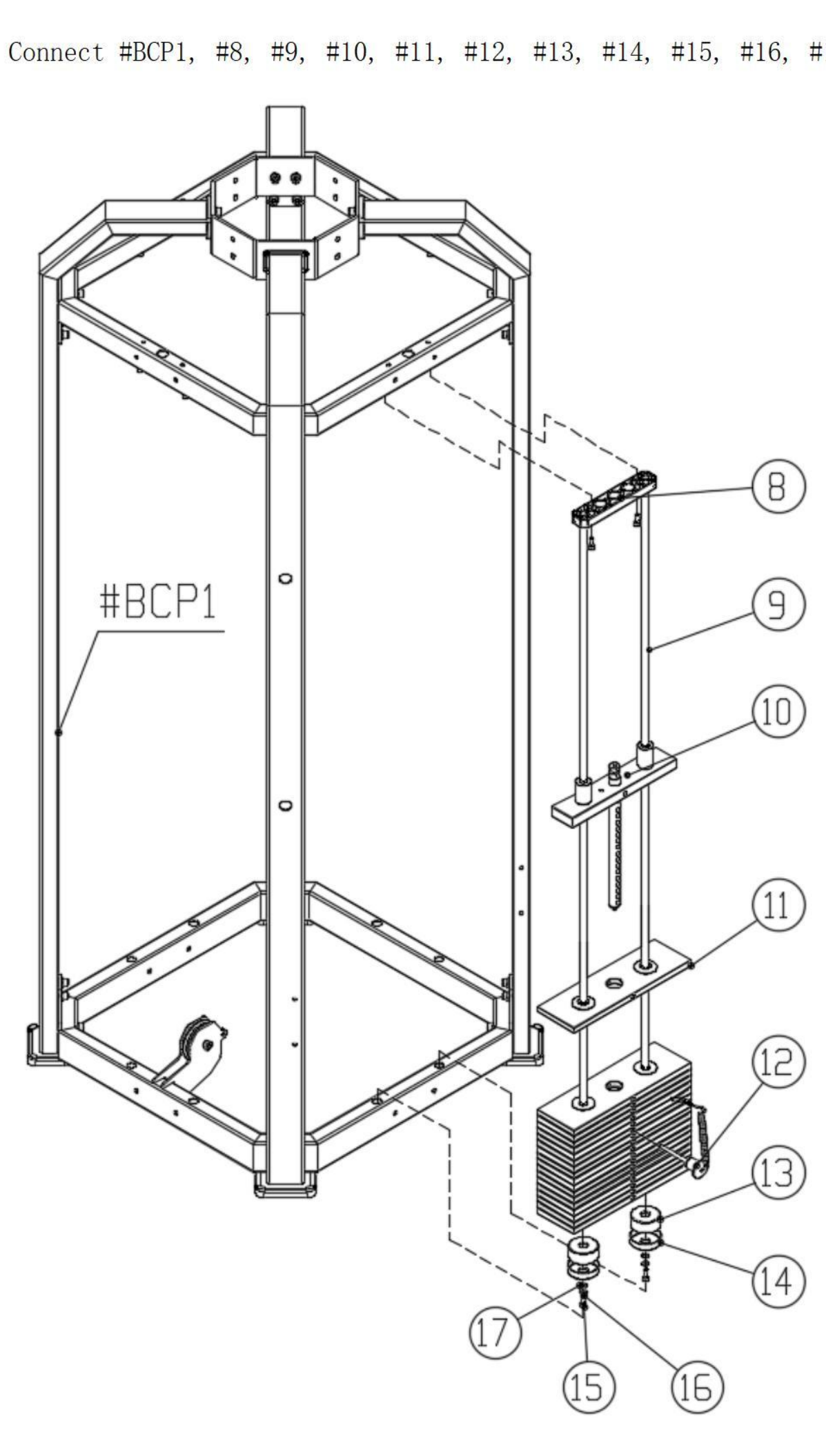
Step 1:Connect #1, #2, #3, #4, #5, #6, #7 to form #BCP1 by.

- 8x Hexagon socket cheese head screws M10*55 (#52)
- 8x Hexagon socket cheese head screws M10*35 (#53)
- 16x Hexagon socket cheese head screws M10*25 (#54)
- 32x flat washer M10-D20 (#60)
- 32x Spring washers M10 (#57)



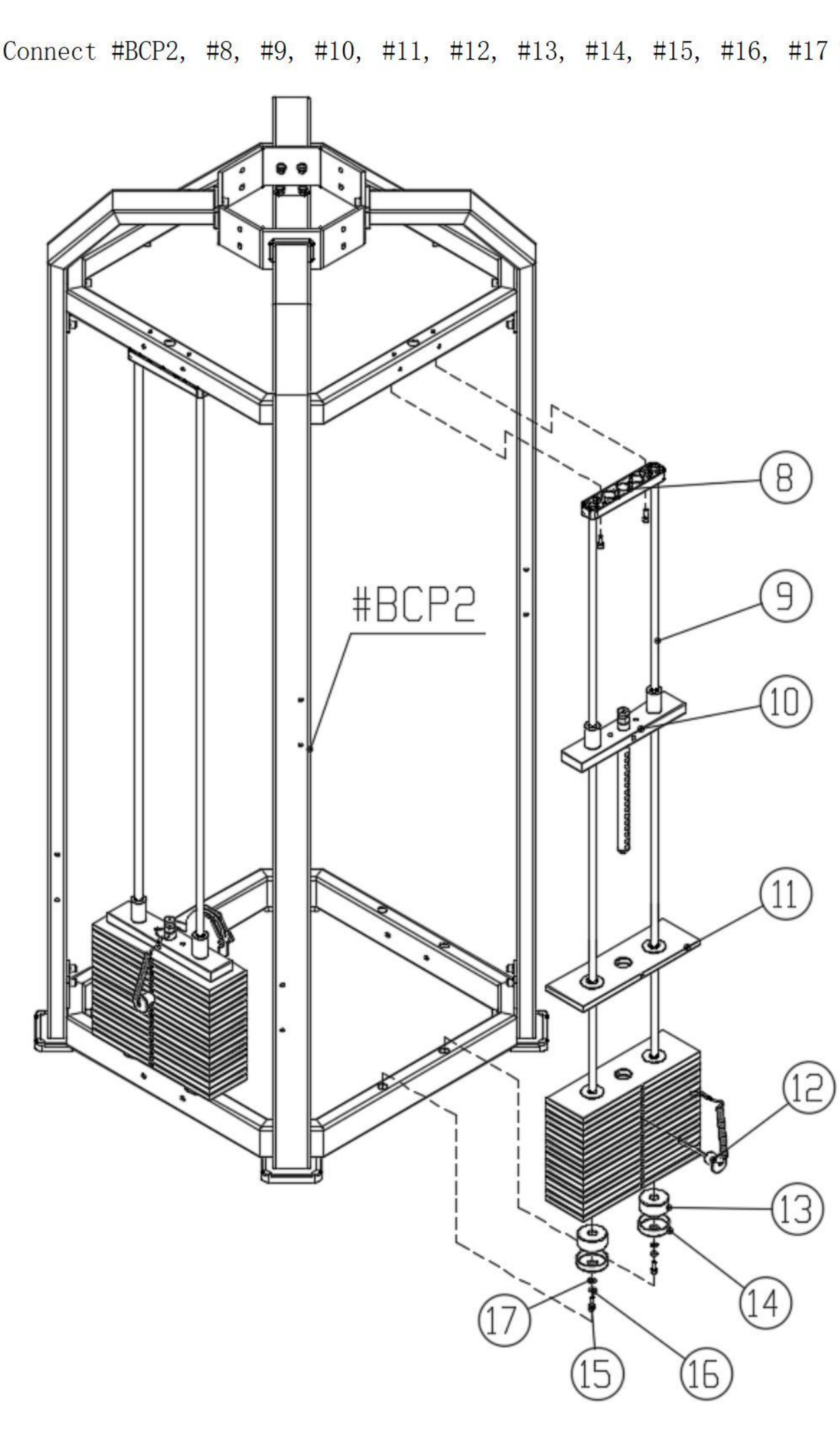
assemble

Step 2: Connect #BCP1, #8, #9, #10, #11, #12, #13, #14, #15, #16, #17 to form #BCP2 using the following method:



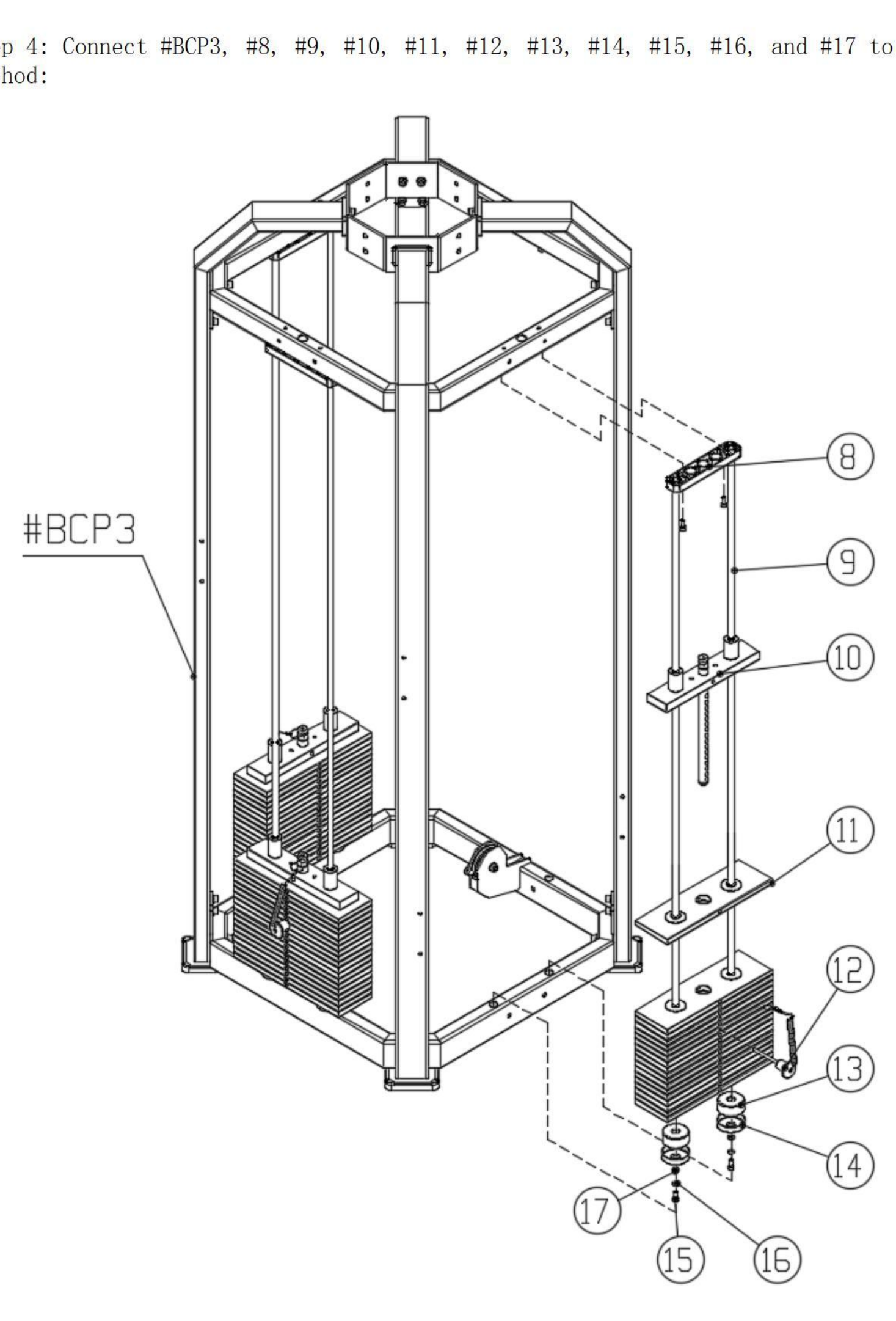
Assemble

Step 3: Connect #BCP2, #8, #9, #10, #11, #12, #13, #14, #15, #16, #17 to form #BCP3 using the following method:



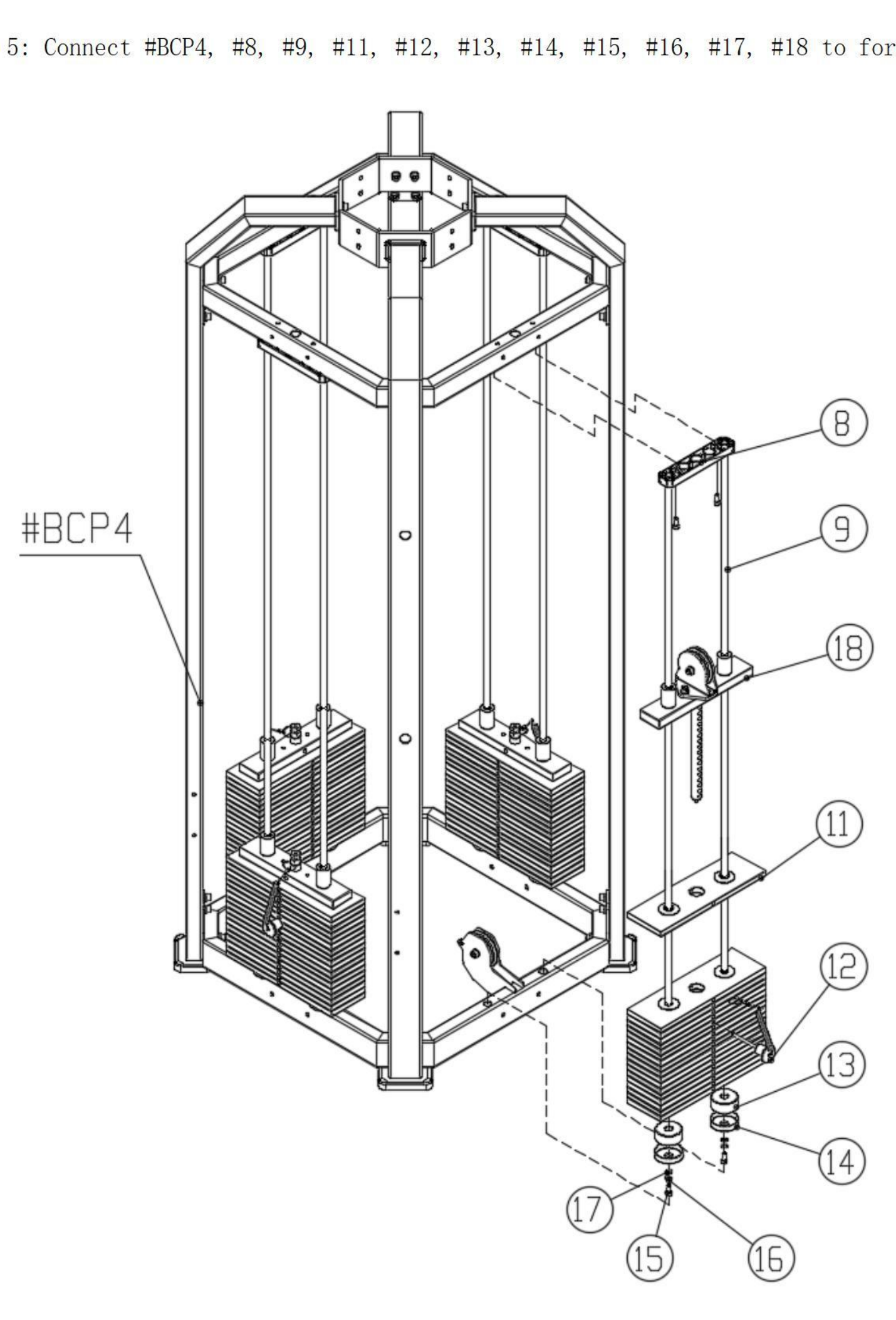
Assemble

Step 4: Connect #BCP3, #8, #9, #10, #11, #12, #13, #14, #15, #16, and #17 to form #BCP4 using the following method:



Assemble

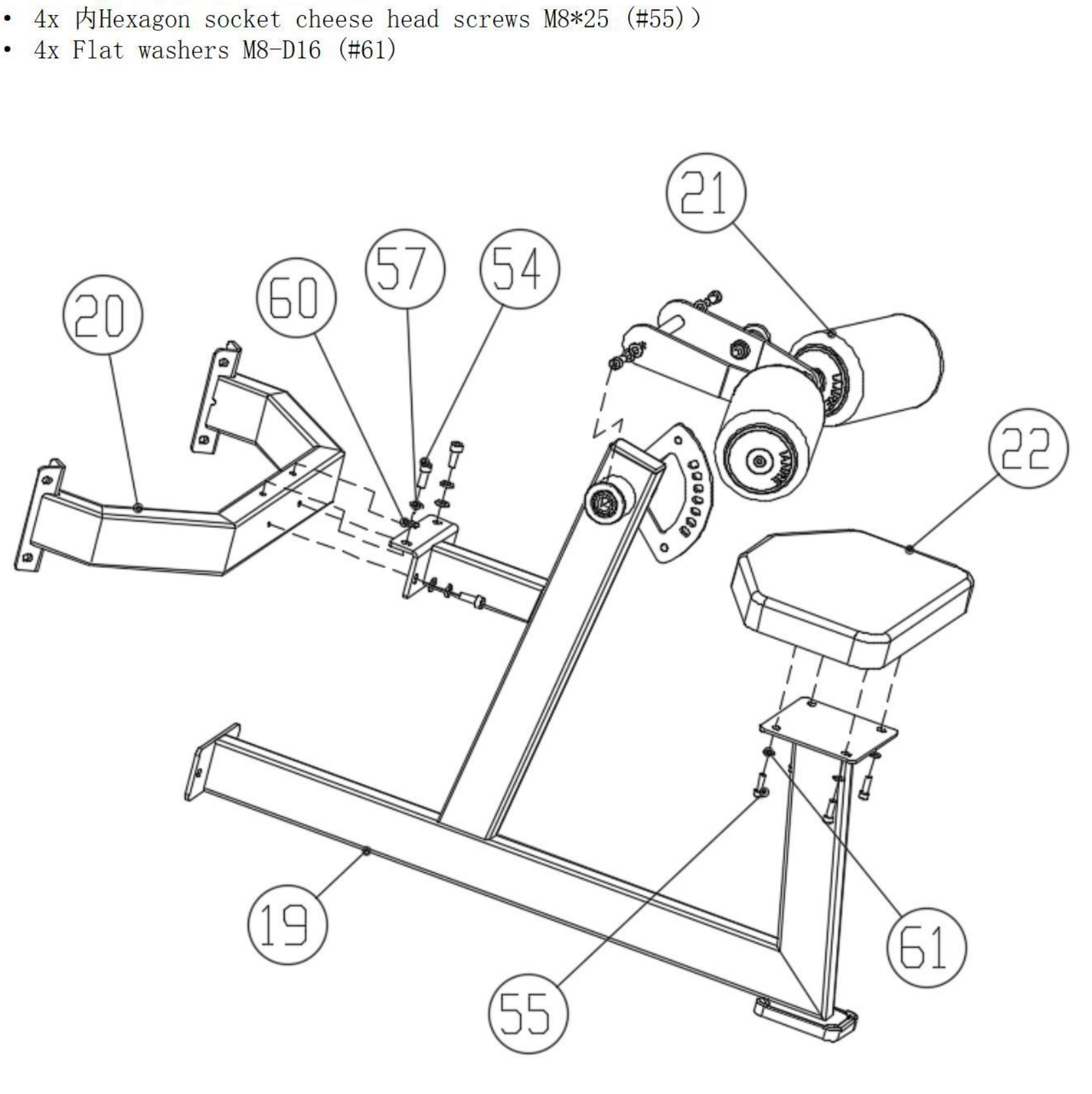
Step 5: Connect #BCP4, #8, #9, #11, #12, #13, #14, #15, #16, #17, #18 to form #BCP5 using the following method:



Assemble

Step 6:Connect #19, #20, #21, #22 to form #BCP6 using the following method:

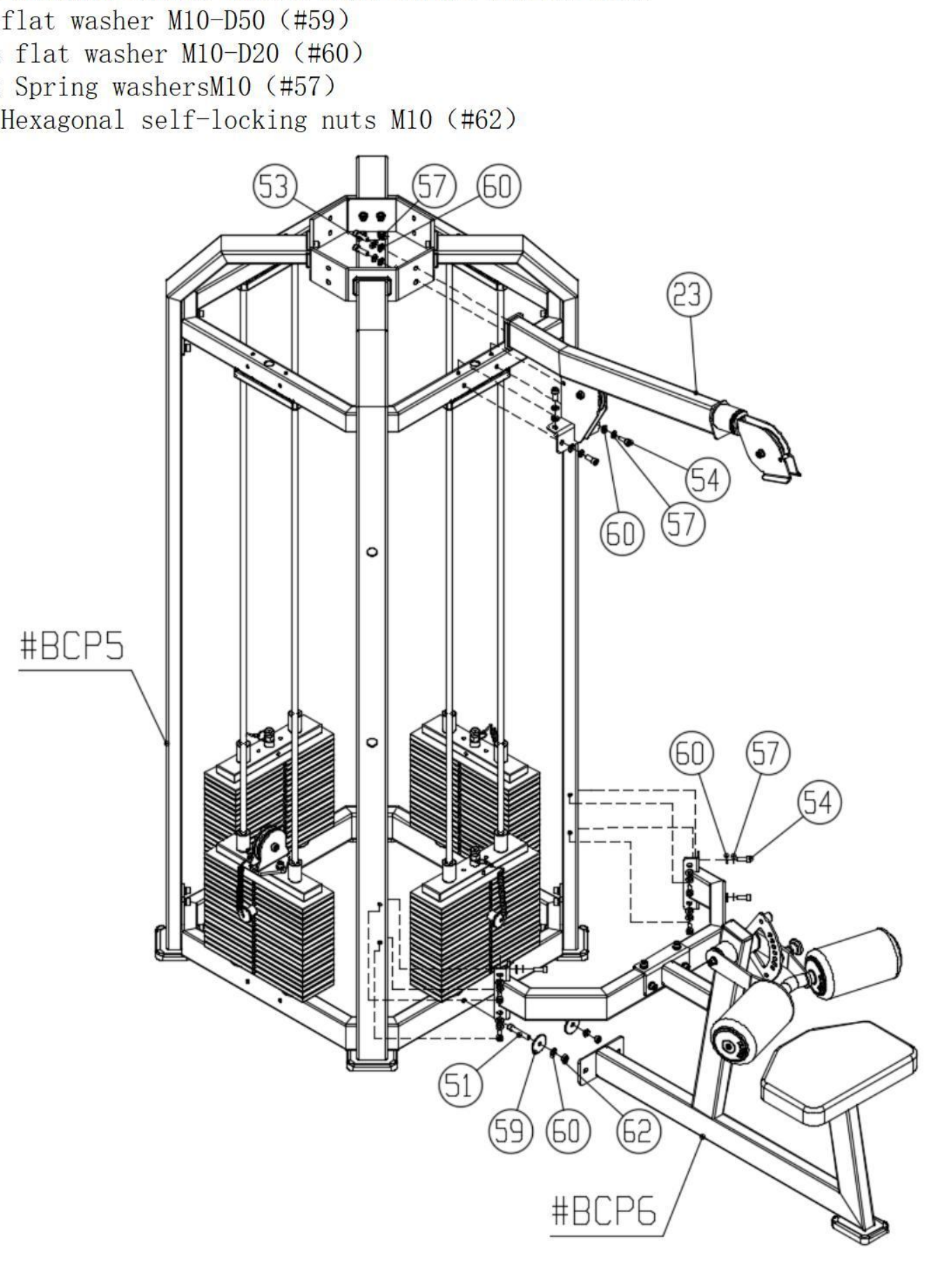
- 4x Hexagon socket cheese head screws M10*25 (#54)
- 4x Flat washers M10-D20 (#60)
- 4x Spring washers M10 (#57)
- 4x 内Hexagon socket cheese head screws M8*25 (#55))
- 4x Flat washers M8-D16 (#61)



Assemble

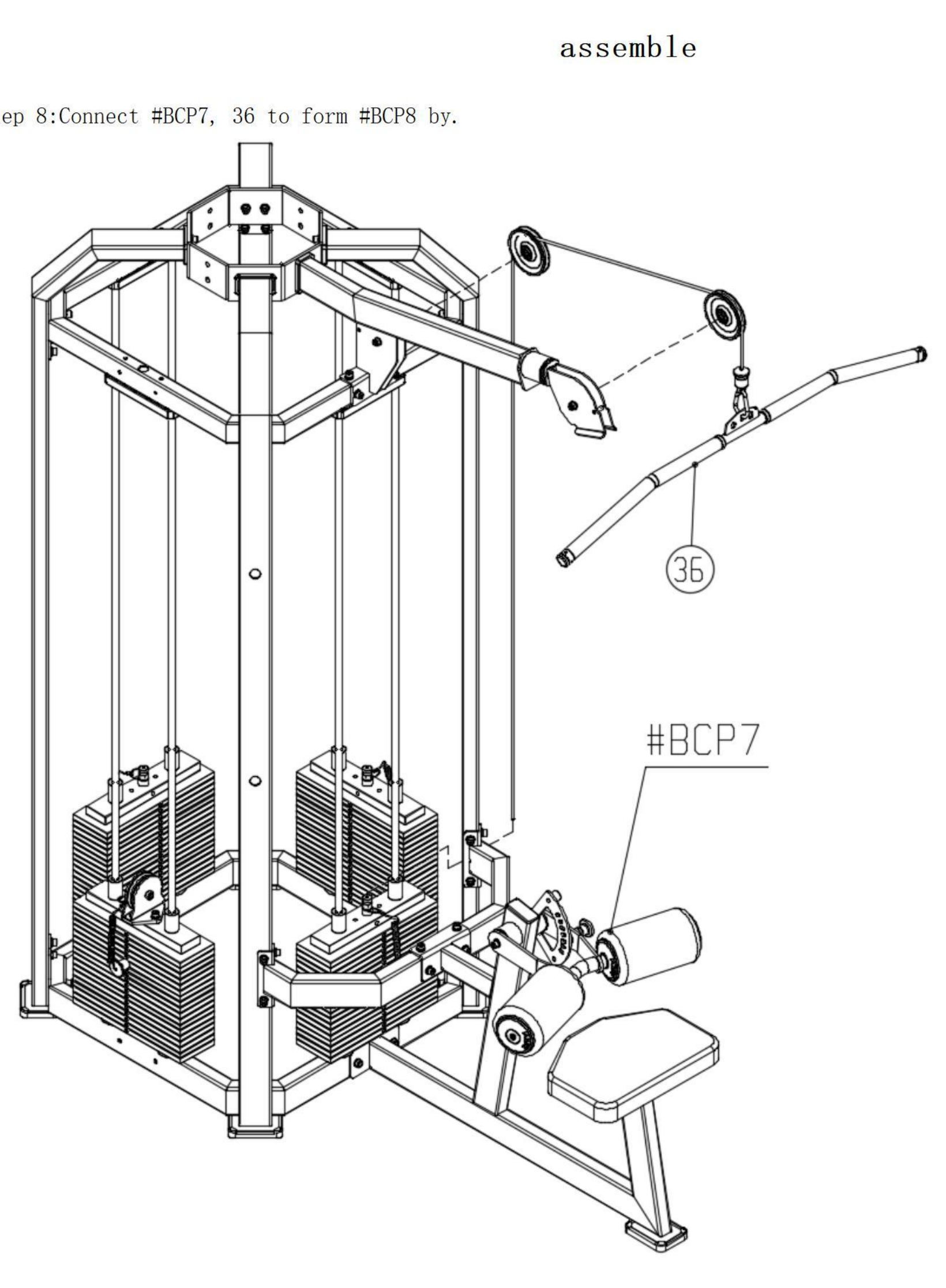
Step 7:Connect #BCP5, #BCP6, and #23 to form #BCP7 using the following method;

- 2x Hexagon socket cheese head screws M10*60 (#51)
- 2x Hexagon socket cheese head screws M10*35 (#53)
- 12x Hexagon socket cheese head screws M10*25 (#54)
- 2x flat washer M10-D50 (#59)
- 16x flat washer M10-D20 (#60)
- 16x Spring washersM10 (#57)
- 2x Hexagonal self-locking nuts M10 (#62)



assemble

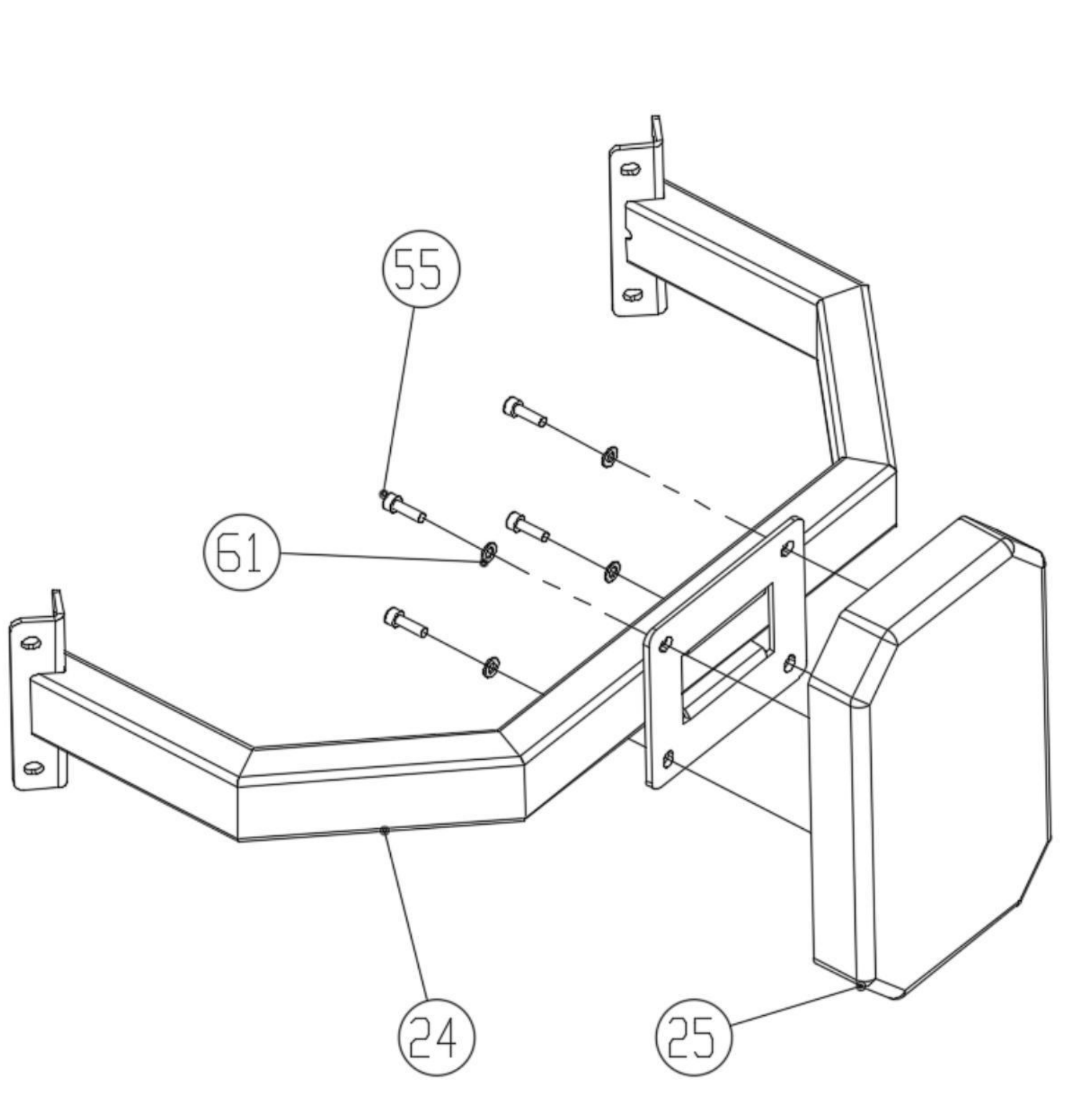
Step 8:Connect #BCP7, 36 to form #BCP8 by.



assemble

Step 9:Connect #24 and #25 to form #BCP9 using the following method;

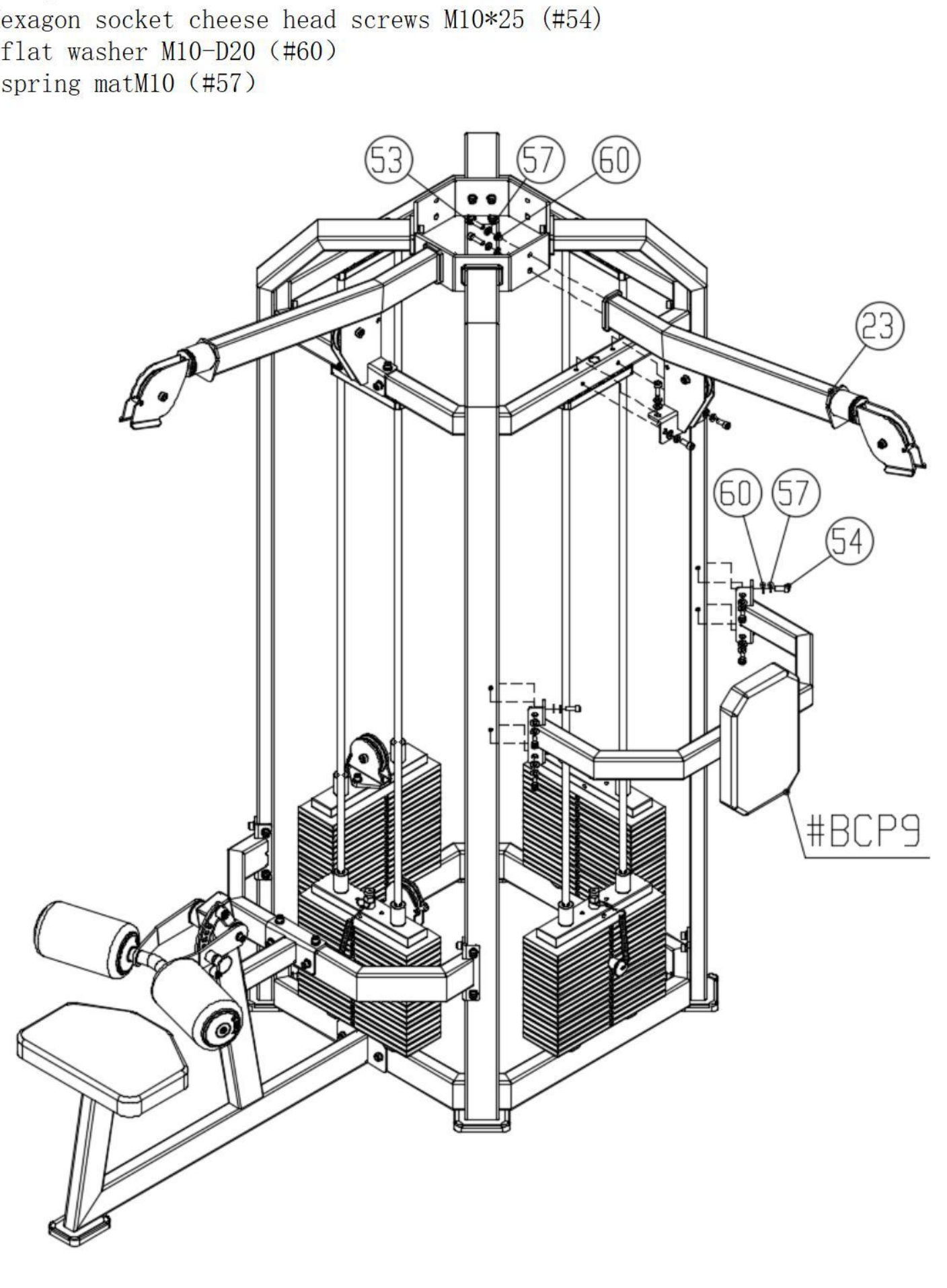
- 4x Hexagon socket cheese head screws M8*25 (#55)
- 4x flat washers M8-D16 (#61)



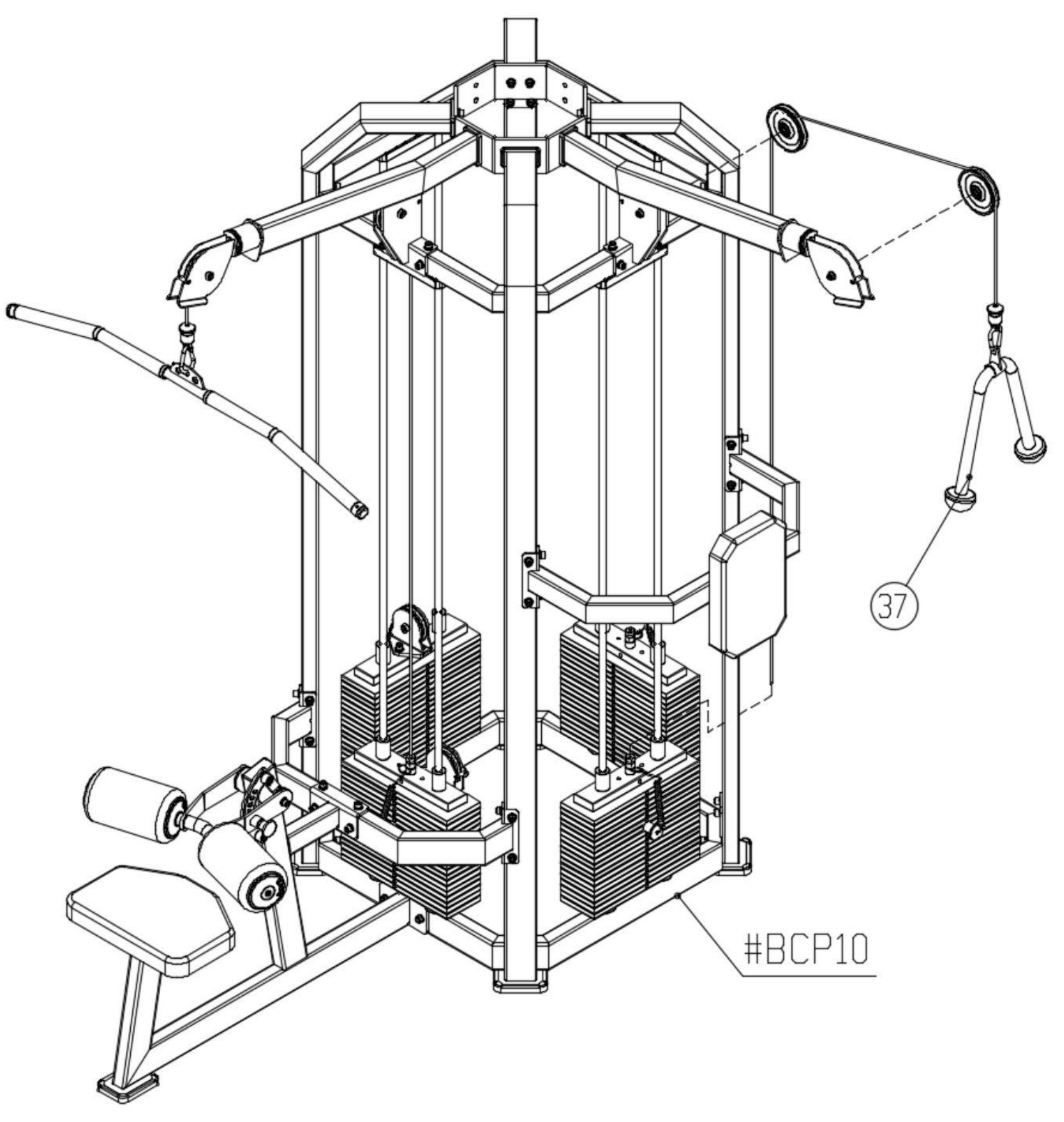
Assemble

Step 10:Connect #BCP9, #23 to form #BCP10 using the following method;

- 2x Hexagon socket cheese head screws M10*35 (#53)
- 8x Hexagon socket cheese head screws M10*25 (#54)
- 10x flat washer M10-D20 (#60)
- 10x spring matM10 (#57)

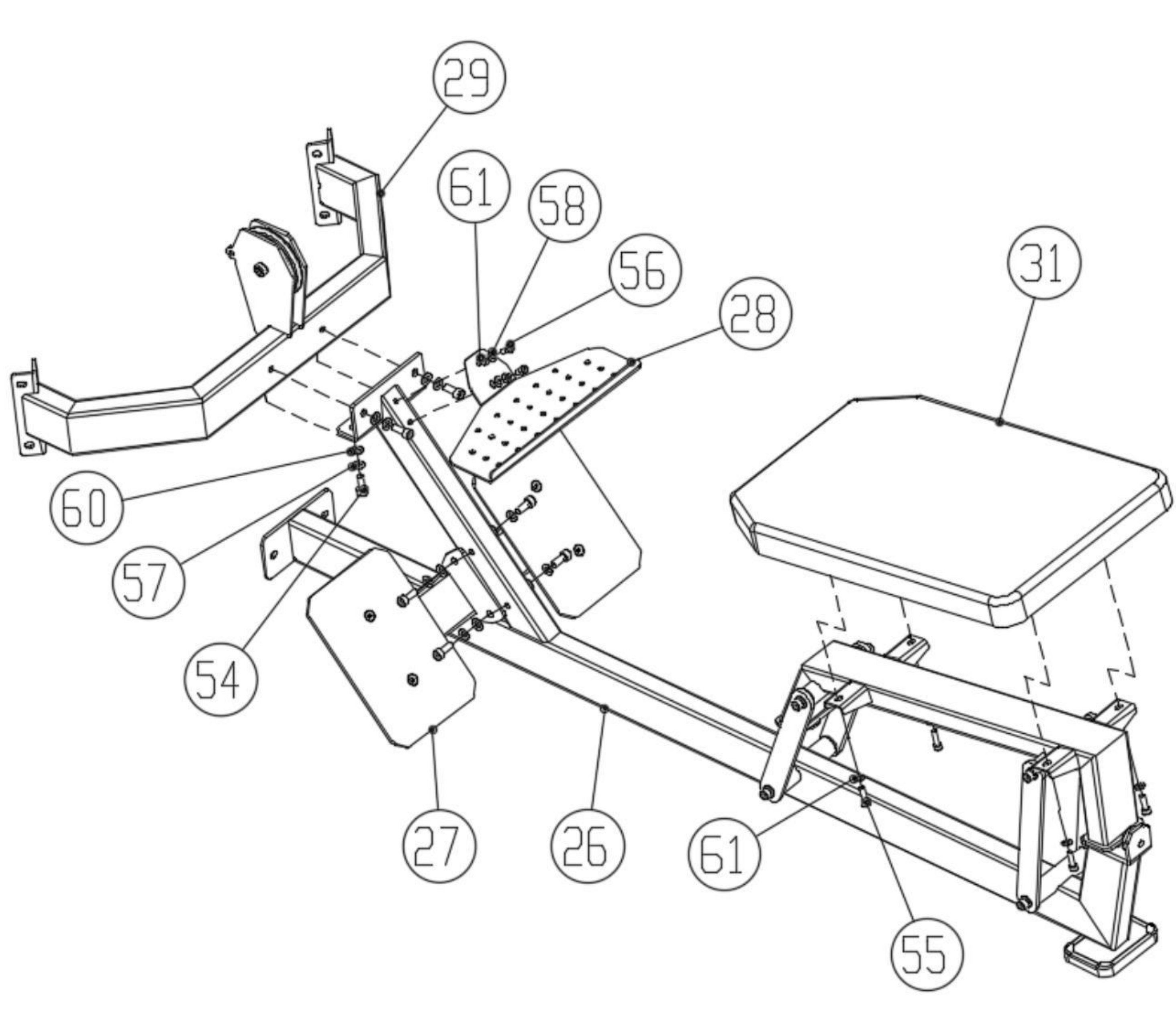


Step 11:Connect #BCP10, #37 to form #BCP11 using the following method;



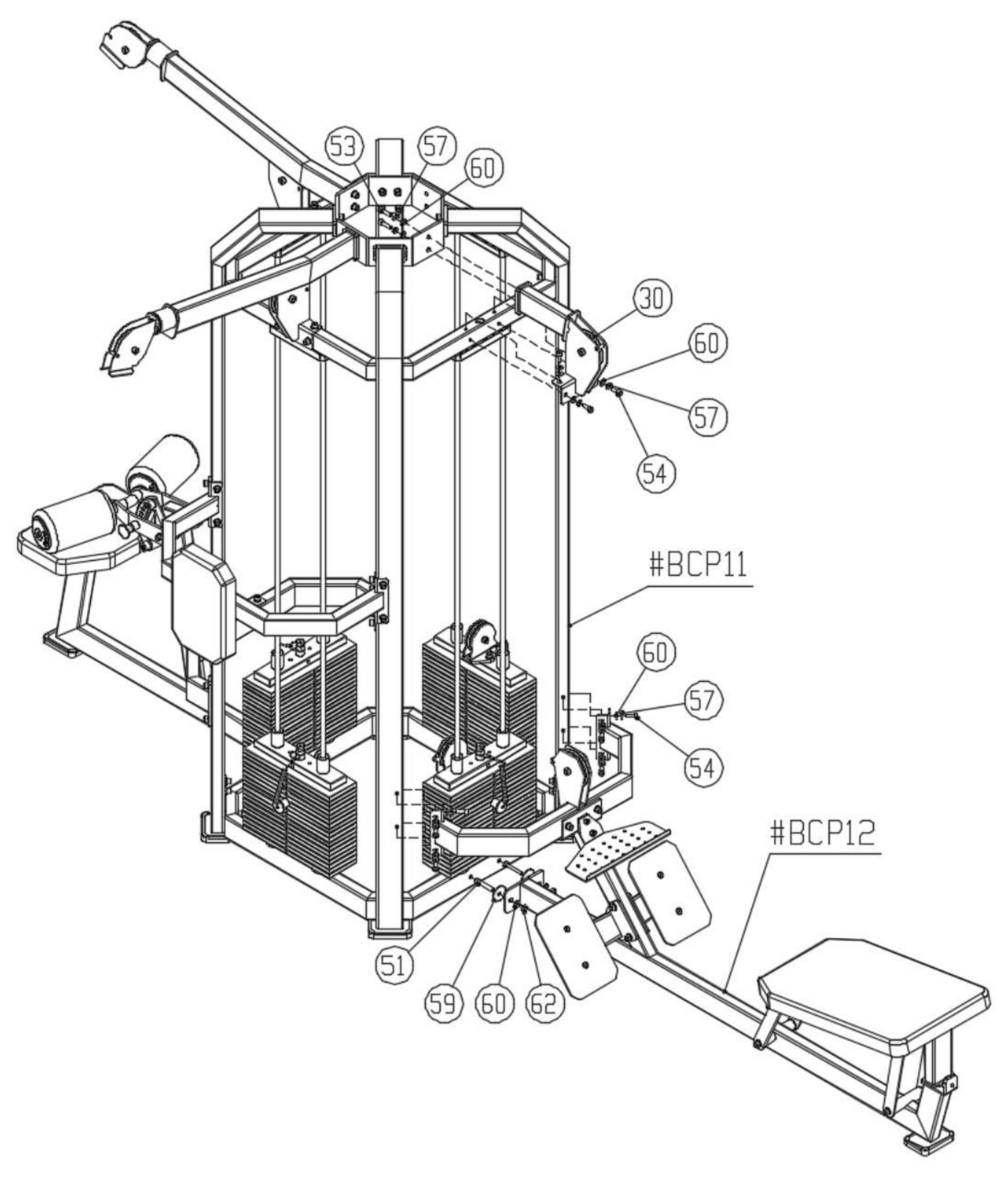
Step 12:Connect #26, #27, #28, #29, #31 to form #BCP12 using the following method;

- 8x Hexagon socket cheese head screws M10*25（#54）
- 4x Hexagon socket cheese head screwsM8*25（#55）
- 2x Hexagon socket cheese head screws M8*16（#56）
- 8x flat washer M10-D20（#60）
- 6x flat washer M8-D16（#61）
- 8x spring matM10（#57）
- 2x spring matM8（#58）

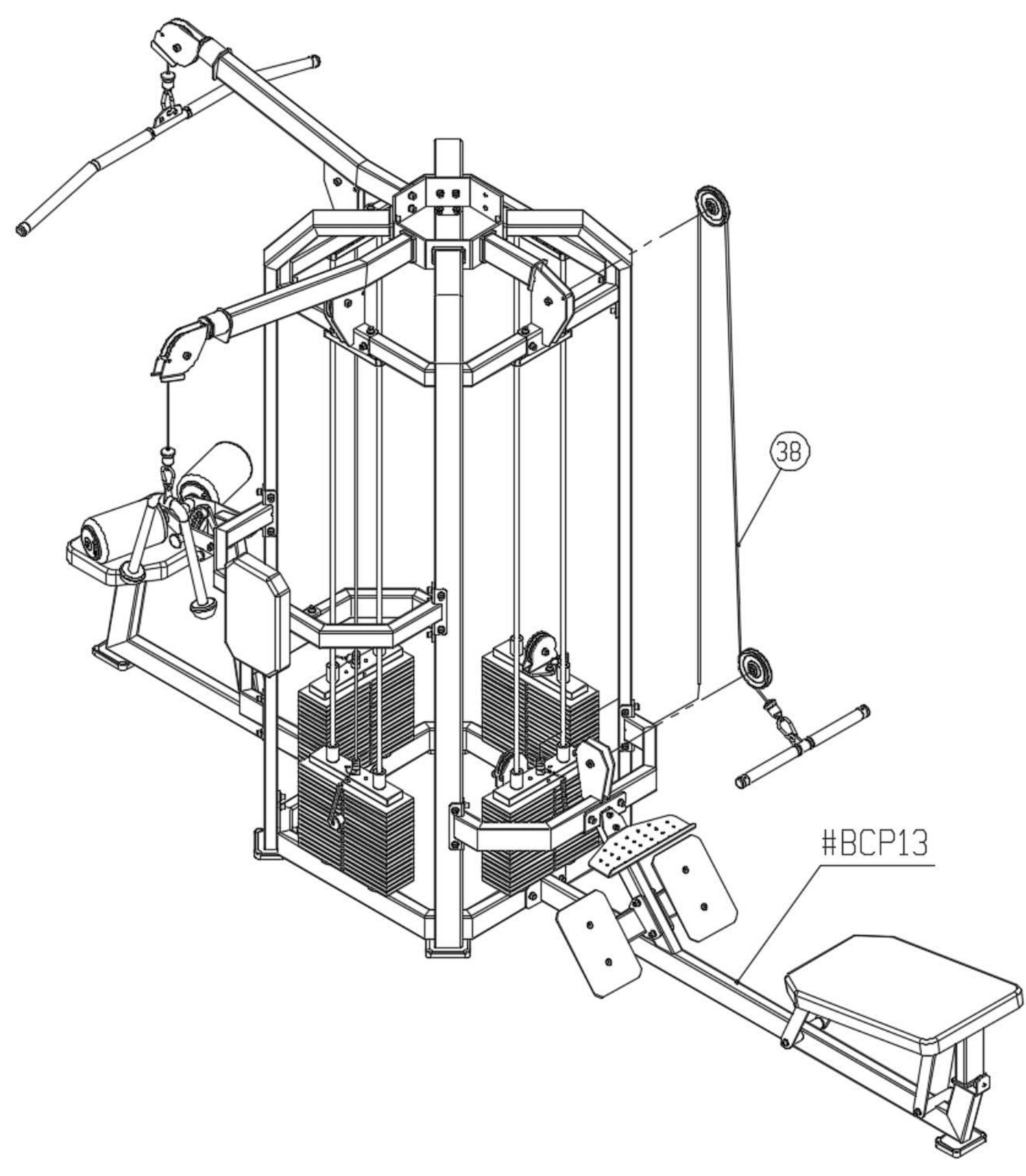

29
61
58
56
28
31
60
57
54
27
26
61
55

Step 13:Connect #BCP11, #BCP12, and #30 to form #BCP13 using the following method;

- 2x Hexagon socket cheese head screws M10*60（#51）
- 2x Hexagon socket cheese head screws M10*35（#53）
- 12x Hexagon socket cheese head screws M10*25（#54）
- 2x flat washer M10-D50（#59）
- 16x flat washer M10-D20（#60）
- 16x spring mat M10（#57）
- 2x Hexagonal self-locking nuts M10（#62）

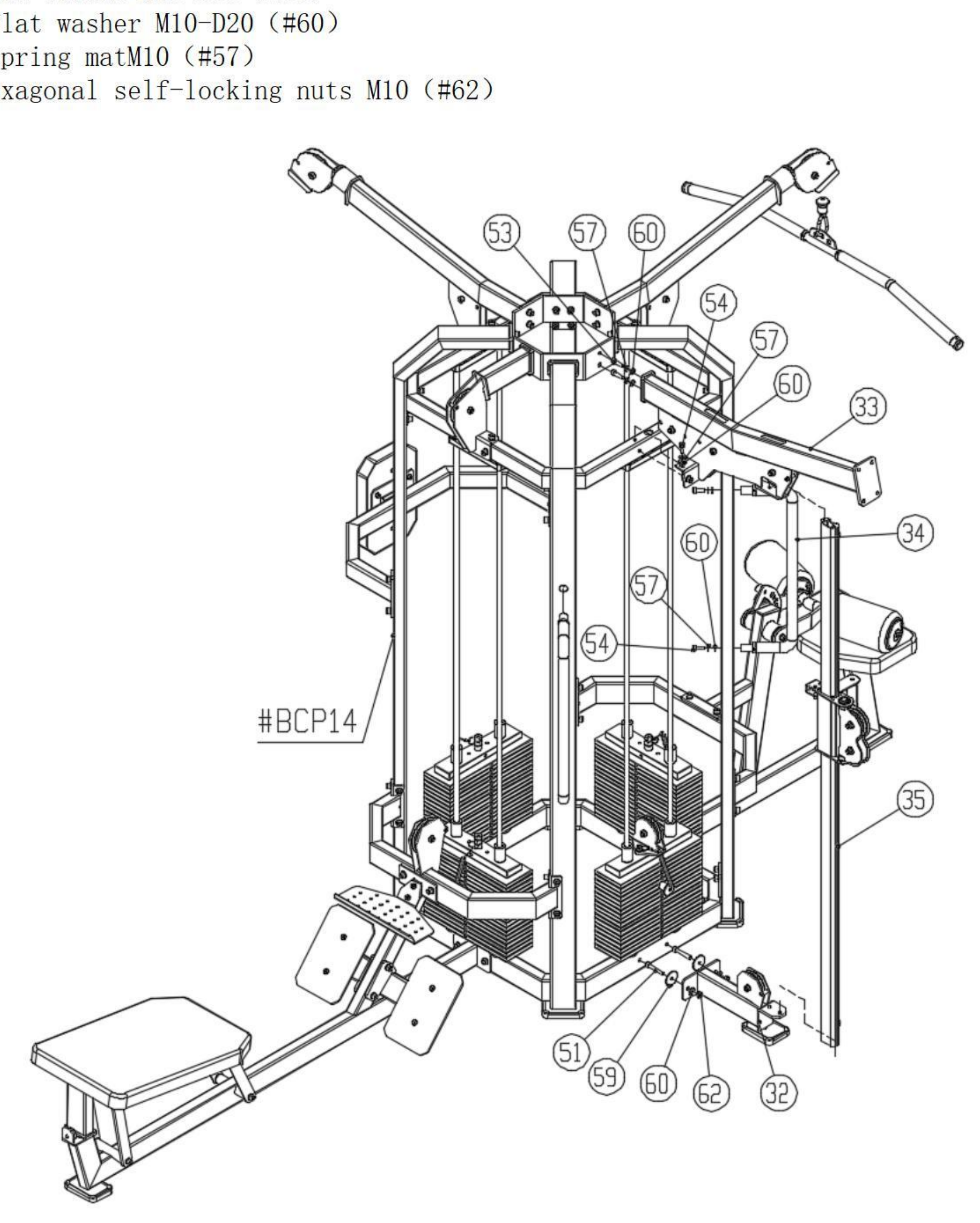

53
57
60
30
60
57
54
#BCP11
60
57
54
#BCP12
51
59
60
62

Step 14:Connect #BCP13, #38 to form #BCP14 using the following method;

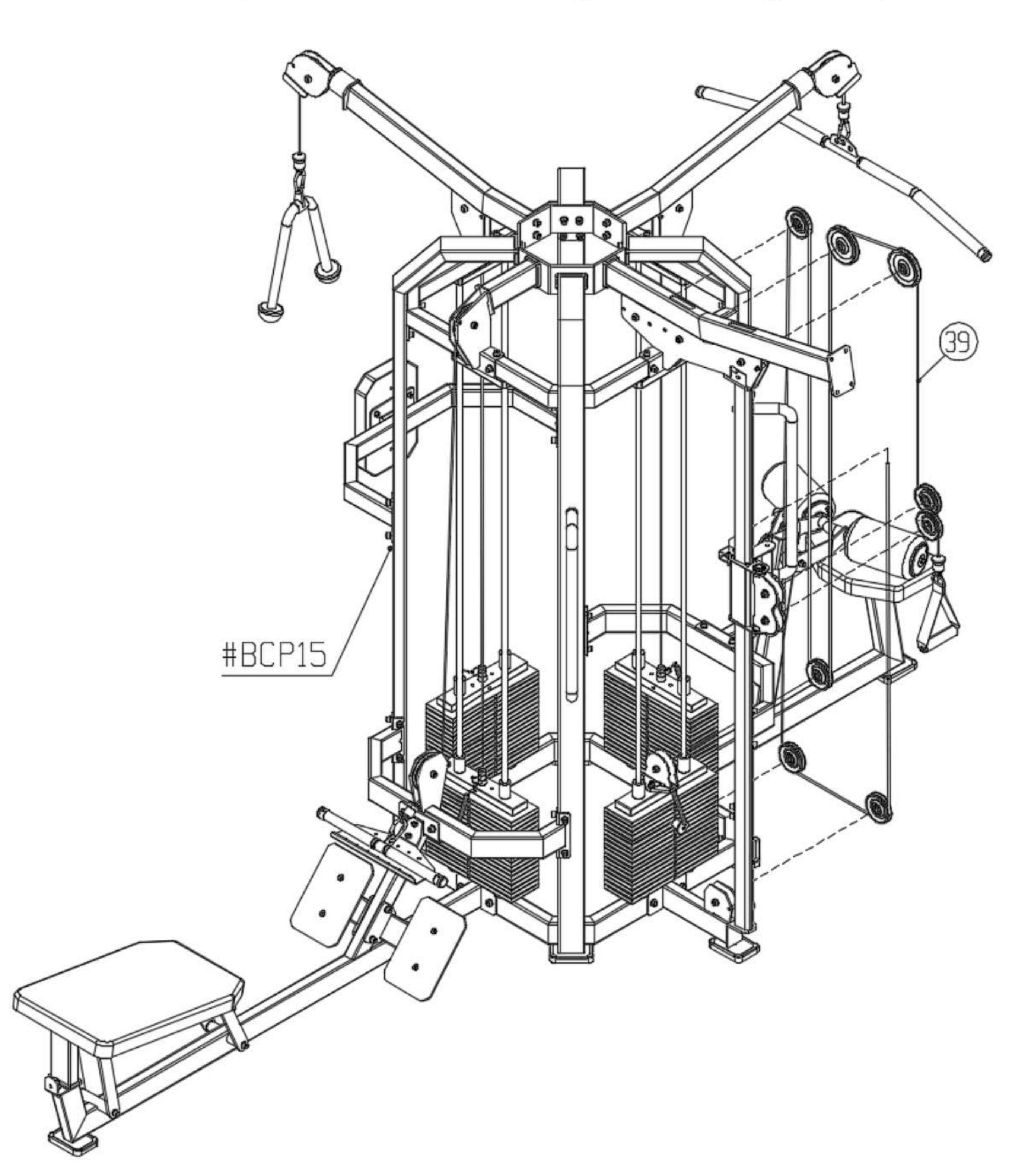


Step 15:Connect #BCP14, #32, #33, #34, #35 to form #BCP15 using the following method;

- 2x Hexagon socket cheese head screws M10*60（#51）
- 2x Hexagon socket cheese head screws M10*35（#53）
- 8x Hexagon socket cheese head screws M10*25（#54）
- 2x flat washer M10-D50（#59）
- 12x flat washer M10-D20（#60）
- 12x spring matM10（#57）
- 2x Hexagonal self-locking nuts M10（#62）


53
57
60
54
57
60
33
34
60
57
54
#BCP14
35
51
59
60
62
32

Step 16:Connect #BCP15, #39 to form #BCP16 using the following method;



Important Notes

Now that the 6280 is assembled, you'll need to take a moment to make sure your unit is level and vertical

Accessories list

No	Name	QTY	NO	Name	QTY
1	sump	1	32	Flying Bird Chassis Assembly	1
2	abacus	1	33	Flying Bird Force Arm 1 Component	1
3	circular plate	1	34	Flying Bird Handrail	2
4	Connecting column 1	1	35	Flying Bird Slide Adjustment Set	1
5	Connecting column 2	1	36	Pull down functional area wire rope	1
6	Connecting column 3	1	37	Triple head rope wire rope	1
7	Connecting column 4	1	38	Low Row functional zone wire rope	1
8	Guide bar fixing plate	4	39	Bird Area Wire Rope	1
9	guide bar	8			
10	Guide block set	3			
11	Weight stack	64			
12	Counterweight block pins	4	**fasteners**		
13	Counterweight rubber pads	8			
14	counterweight base	8	51	Hexagon socket cheese head screws M10*60	6
15	Hexagon socket cheese head screws M8*20	16	52	Hexagon socket cheese head screws M10*55	8
16	spring washer M8	8	53	Hexagon socket cheese head screws M10*35	18
17	flat washer M8	8	54	Hexagon socket cheese head screws M10*25	72
18	Double line counterweight guide block set	1	55	Hexagon socket cheese head screws M8*25	12
19	high pulling main frame	1	56	Hexagon socket cheese head screws M8*16	2
20	High-pull connecting frame	1	57	spring washerM10	96
21	Double Axis High Pull Back Muscle Press Rack Assembly	1	58	spring washer M8	2
22	Universal Cushion	1	59	flat washer M10-D50	8
23	Standing Triple Head Force Arm Support Assembly	2	60	flat washerM10-D20	102
24	Standing triple head back cushion frame set	1	61	flat washer M8-D16	14
25	Four-station, three-head back cushion	1	62	Hexagonal self-locking nutsM10	6
26	Low pull side frame set	1			
27	Low Pull Foot Assembly	1			
28	Low pull plate	1			
29	Low pull connecting frame assembly	1			
30	Low Tension Arm Connector Assembly	1			
31	large backpack	1			

Note: Pre-assembled parts are not listed in this table.